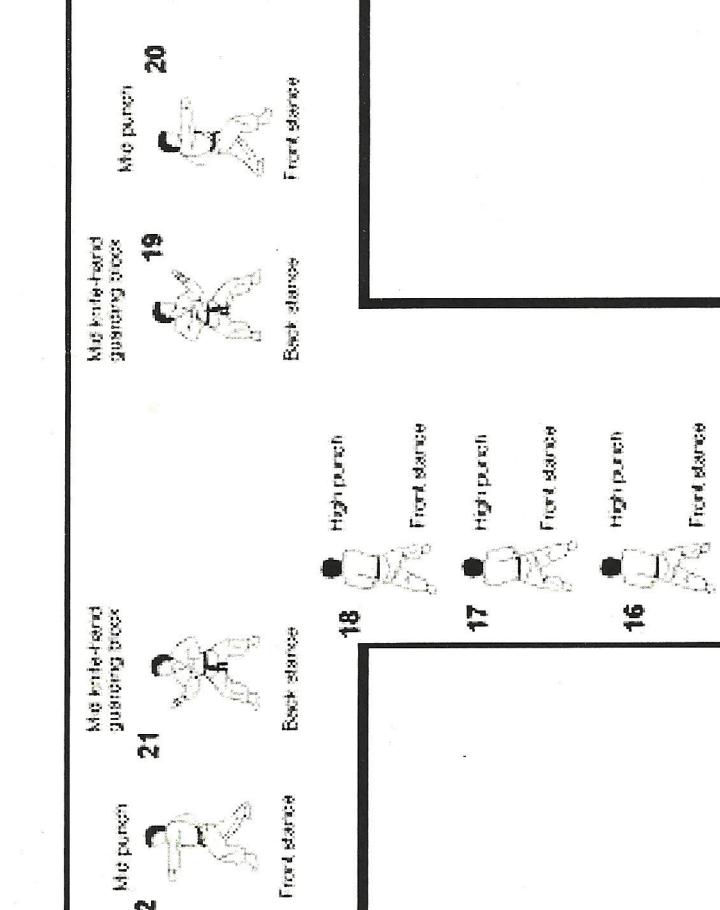




1. Mid punch
Front stance
2. Low side
Low side block
Front stance
3. Low side
Low side block
Front stance
4. Mid punch
Front stance



BO-CHUNG

(22 movements)