

Bennett's Taekwondo Academy

Ft. Kearny Warriors



Taekwondo (Korean Karate) is a 2,000 year old Martial Art for all ages. The practice of traditional Taekwondo builds self-confidence, relieve stress, and create a harmony of body and mind. Taekwondo is also a sport and self-defense program. The program combines exercise, techniques, mental development and discipline. Students will learn Taekwondo, self-defense, black belt training, board breaking, plyometric and

Hapkido through practice and demonstration. You will learn Traditional, Point, and Olympic Sparring. Promotional Testing will be done bi-monthly to determine advancement. First-time students will go through an orientation program. The Director of Instruction is Master Tim Bennett is a 7th Degree Black Belt and a 1st Degree Black Belt in Hapkido. He has been a devoted student of Taekwondo for 30 years and has been teaching for 28 years in Kearney. Master Bennett is a certified U.S.C.T.A (United States Chungdokwan Taekwondo Association) Instructor and has been inducted into the U.S.A. Martial Arts of Fame..

Registration Form

Cost: _____

Session: _____

13th and Central, Kearney, NE. 68847

www.bennettstaekwondoacademy.com



Return this form with fee to : Tim Bennett

Method of payment: Check _____ Cash _____ Make Checks payable to **Tim Bennett**

P.O. Box 2611 Kearney, NE. 68848

Family Name _____ Phone No. _____

Address: _____ Town: _____ State: _____ Zip: _____

E-Mail _____ @ _____

Participants Name: _____ Age: _____ DOB: _____ Fee: S/F

Participants Name: _____ Age: _____ DOB: _____

Participants Name: _____ Age: _____ DOB: _____

Participants Name: _____ Age: _____ DOB: _____

Taekwondo/Competitive Sparring _____ Ground Fighting/Competitive Sparring _____ Warrior Fitness _____

We understand the activities that my family has enrolled in, and hereby give my permission and consent for their participation. I do hereby absolve, release and agree to hold harmless Tim Bennett, it's sponsors, leaders, agents and volunteers from liability claims in case of accidents and injury to all family members enrolled in this program.

Parent/Guardian Signature: _____ Date: _____